Would You Know What To Do? Free & Fully Virtual Adult-Based Mental Health First Aid Trainings

Friday, February 18th, 2022

Contact Prevention Specialist and Project Coordinator under the Mental Health Awareness Training grant

Morgan Struchen

at

morgans@cfrhelps.org or 515-832-5432 x1402 for more information and on how to register.







Mental Health

from NATIONAL COUNCIL FOR MENTAL WELLBEING